

# FEBRUARY 2024

Building the Foundation for Growth



## WARM HEARTS AND WINTER WONDERS: 10 HEARTWARMING WAYS TO CELEBRATE FAMILY DAY IN FEBRUARY IN BEAUTIFUL BC

As the crisp winter air settles over British Columbia in February, it's time to embrace the warmth of family bonds and celebrate the love that unites us. Family Day offers a perfect opportunity to create lasting memories and partake in delightful activities that showcase the beauty of the province during the winter season. Here are 10 heartwarming ways to celebrate Family Day in February in beautiful British Columbia.

### SNOWY ADVENTURES

Take advantage of the winter wonderland that BC transforms into during February. Plan a day of snowshoeing, sledding, or even building a snowman in your backyard.

The province's scenic landscapes are even more enchanting under a blanket of snow.

### COZY CABIN GATEAWAY

Consider booking a cozy cabin in the mountains or by the lakeside for a weekend retreat. Enjoy the tranquility of nature, snuggle up by the fireplace, and relish quality time with your family in a picturesque winter setting.

### HOT CHOCOLATE AND TREATS

Warm up with some hot chocolate after a day of outdoor activities. Set up a hot cocoa station at home with various toppings like marshmallows, whipped cream, and sprinkles. Add some freshly baked cookies for an extra touch of sweetness...

[Continue reading on our Blog.](#)

## IMPORTANT DATES

WEDNESDAY, FEBRUARY 14th  
Photo day at childcare centre

MONDAY, FEBRUARY 19th  
Family Day: Center Closed

FRIDAY, FEBRUARY 23rd  
Pro-D Day  
No Preschool Program  
OSC available

WEDNESDAY, FEBRUARY 28th  
Anti-Bullying Day

## PROGRAM HIGHLIGHTS

GROUNDHOG DAY  
VALENTINE'S DAY  
HEALTH AND NUTRITION

## REMINDERS

- All groups will be exploring Groundhog Day and Valentines Day, Health and Nutrition!
- The Photo Day will take place on February 14th. We will provide you with more information via Lillio (HiMama).
- Pro-D Day: February 23rd – No Preschool. Out of School Care Available. Sign in sheets are located in each room/location.
- Re-registration 2024/2025 will continue this month. Families will receive Re-registration package through their email. If your email address has changed, please email [anna@parklandplayers.com](mailto:anna@parklandplayers.com) with your updated email. Packages must be returned by the timeline in your email. Registration for public will begin in the end of February, and therefore if you do not submit your package before the due date, we can no longer guarantee your spot.
- Spring Break sign up is available online.
- Spring Break is March 18–22 and March 25–29.
- Please review the Winter Extreme Weather Procedure Policy here: <http://parklandplayers.com/wp-content/uploads/2017/12/Extreme-Weather-Letter-to-Parents.pdf>
- Scholastic flyers have been sent through HiMama. Our class code is RC149292

## ACTIVITIES FOR HOME AND AT SCHOOL



### ACTIVE ADVENTURES: HOW TO KEEP CHILDREN MOVING AND HEALTHY

In a world filled with screens and sedentary activities, finding creative ways to keep children active and healthy is essential. This article explores delightful activities, fostering a love for movement.

[Read More](#)



### BITAA HEALTH & GOOD HYGIENE: YOUR ACTIVITY BOOK COMPANION

Discover fun and interactive activities designed for children that promote a healthy lifestyle and good hygiene in the BITAA activity book! Engage your little ones in exciting adventures while instilling the importance of well-being.

[Read the instructions](#)



HAPPY VALENTINES' DAY!

FOR ANY ENQUIRIES, PLEASE DO NOT HESITATE TO REACH OUT BY EMAIL OR PHONE.

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