

OCTOBER 2021

Building the Foundation for Growth.



Let's Rewild – Outdoor Play

“Children need PLAY like plants need water and light” (Power et al., 2021). While the global pandemic is still in play around us, the school year began again. Many may have experienced going forward in the unknown. Yet, many children have lost or missed the critical skills that can be gained from outdoor experiences. Outdoor play is critical for children and is still important even in the pandemic. Keeping distance from others while having fun and being wild outdoors is the key.

Benefits of Outdoor Play

Power et al states through outdoor play, children build “social connections, make sense of the world, express emotion, release pent-up energy, move their bodies, and tap into their imagination.” All these key areas are

learned and mean different from indoor play. Many children have been exposed to screens during the last long couple of months. Some had online learning, breaks, or online gaming. We all know doing activities or exercise online is different from doing things outdoors. “Large body of research evidence shows that active outdoor play has benefits for child health, wellbeing, development, and educational attainment,” said Reilly, J. & Tremblay, S. (2021).

How to get back to Outdoor Play – Rewild Children

To rewild children, it is best to go out. Start by visiting a close park or even a plain field with some natural objects...

[Continue reading on our Blog.](#)

Important Dates

MON OCT 11

Thanksgiving: Center closed.

WED OCT 20

Early Dismissal for Parkland and Porter.

FRI OCT 22

Pro - D day, OSC available. No preschool classes.

FRI OCT 29

Halloween party and pumpkin patch.

THURS NOV 11

Remembrance Day: Center closed.

Reminders

- We will have a pumpkin patch and Halloween party on Friday, October 29th at Parkland Players. The date may change for pumpkin patch. Please check with the management closer to the date.
- Reminder: if children are not attending daycare on any given day, please notify staff so that we know not to expect them.
- Please note, we are Nut free and low sugar facility. Please do not pack any nut or high sugar snacks, lunch, or drinks.
- Please have children prepare for the rain season! Make sure to label all gears (hat, rain boots, rain jackets!!) with children's name as we have many similar ones.
- Scholastic flyers have been sent through Himama. Our class code is RC149292

Program Highlights

The monthly themes are Fall, Thanksgiving, Halloween and



Activities for Home and at School



Benefits of Loose Parts Exploration

Loose parts play or exploration provides the endless possibility for children and adults to create something. It opens sparks of imagination, creativity, and conversations on the table...

[Read More.](#)

Friendship Bingo (PSC/GD)

Friendship Bingo can be adapted to Family Bingo or Pet Bingo. Find pictures of friends, family or pets and create your own fun game!

[Read the Instructions](#)



Kids learning about numbers with the calendar.



Children practicing fine motor skills with tracing lines.



Our Preschool class during circle time.



The children built an Ice Tower out of wooden blocks!

FOR ANY ENQUIRIES, PLEASE DO NOT HESITATE TO REACH OUT BY EMAIL OR PHONE.

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