

MARCH 2021

Building the Foundation for Growth.



Natural Focus Points

A young child knelt to check out the woodchips that he dug during the playtime outside. He found some of the woodchips inside the inner lining of the recycled tire. He reached his hand with a red shovel to scoop it back. The child used to love scooping the woodchip and pouring outside the playground. The educator would say, "No thank you. Woodchips stay inside the playground." Yet, the educator redirected the child to the recycled tires and poured some woodchips into it. "I wonder where the woodchips fell into?" said the educator. The child quickly scooped some and poured them into the tires.

The speaker, Lewis (2020), mentions how educators should embrace the 'yes' instead of 'no' when following up with children's dailyness, curiosity, and

experimentation. For example, he says, "it is important for [children] to climb. It is crucial for their development. We want to create space and show them what is okay to climb on. And we want to focus on that. ... But when we say 'no, stop,' that we're putting the focus on the things that we don't want them to do. And that means that they're going to focus on it too." When children meet their needs, things that educators ask, or mention may be natural for them to focus on. Physical activities are a large factor for children. When they have enough time and care for these factors, they focus more time on other factors...

[Continue reading on our Blog.](#)

Important Dates

MON MAR 15
St. Patrick's Day

MON MAR 22
Nowruz (Persian New Year)

MON MAR 22 - FRI MAR 26
Week 1 Spring Break: No Preschool Program

MON MAR 29 - FRI APR 1
Week 2 Spring Break: No Preschool Program

FRI APR 2
Good Friday: Center Closed

MON APR 5
Easter Monday: Center Closed

Reminders

- Spring Break sign up is available in each room and [online](#). Spring Break is March 22nd – 26th and March 29th – April 1st. Please note that the schedule of activities is subject to change based on weather and scheduling needs, and that there is a \$50 cancellation fee per week. Your monthly fees will be charged on your EFT. Please visit our [website for more information](#).
- St. Patrick's Day: will be Mar 15th, children are invited to wear green.
- Nowruz Celebration: Persian New Year celebration will take place on March 22nd.
- Good Friday - April 2nd /Easter Monday – April 5th are stat holidays, and the centre will be closed.
- Scholastic flyers have been sent through Himama. Our class code is RC149292.

Program Highlights

The theme for this month is nutrition. As always, we will be encouraging children to have healthy eating habits. We will be making charts and planning activities regarding nutrition.

To celebrate spring, we will have a project to see how plants grow. And we will be celebrating Persian New Year.

Activities for Home and at School



8 Fun Activities to celebrate Valentine's Day

One of our monthly themes for this month is Valentine's Day. Here are some activities to celebrate Valentine's Day with children.

[Read More.](#)



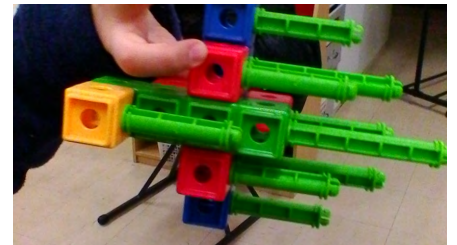
Heart Spin Painting (IT)

This activity is like marble painting but with a salad spinner! It is an absolute favourite activity for children. The pulling action always triggers children to giggle and be excited.

[Read More.](#)



Infant and Toddler children playing with dinosaurs and animals toys.



Meadowbrook children made a ship with puzzle blocks.



Out of School Care children making a wish tree.



Out of School Children doing a collage using natural materials.

FOR ANY ENQUIRIES, PLEASE DO NOT HESITATE TO REACH OUT BY EMAIL OR PHONE.

1563 REGAN AVENUE. COQUITLAM, BC. V3J 3B7
T: 604.670.8830
WWW.PARKLANDPLAYERS.COM