

# **NOVEMBER 2020**

# Building the Foundation for Growth.



### Program of activities in child development

In each program in a childcare facility, educators must incorporate opportunities for child development in areas like physical, intellectual, language, emotional, and social development. Children have natural skills and personalities to be nurtured and creatively awaken through a variety of unique activities that are age and ability appropriate and meet the care and learning needs of all.

#### **Physical Development**

First, physical development is the development of the body which includes small and large muscle development, self-help skills, and good health and safety habits. Fraser Health (2011) states, small muscle development can be supported by activities that require children's fingers

to feel and grip small objects (p. 4). Some examples of activities that require children's fingers and small muscles are Torn Paper Poppy Craft, Collaborative Fingerprint Peace Dove, and Garbage Truck Collage. Large muscle development is supported through the movement of children's arms and legs. Activities that support these can be Fire Cup Knockdown, Paper Airplane Flying School, and Transportation Yoga. All the activities listed above can be found in Bitaa. Not only doing activities will support their physical development, simple tasks or everyday routines are factors that support self-help skills such as tying a shoelace, using cutleries, setting up the dinner table, etc...

Continue reading on our Blog.

#### **Important Dates**

WED NOV 11 Remembrance Day, Stat Holiday, Center Closed

THURS NOV 19 Trip to Hawaii Theme Day

FRI DEC 18 Last day of school before winter break

#### **THURS DEC 24** Christmas Eve, stat holiday.

Center closes at 3:00pm.



# Reminders

- Weather Preparedness: As the weather gets colder, please be sure to send your child with the appropriate outdoor gear, as we will still be going outside daily. For our infant/toddler, daycare and preschool groups, please send head to toe rain gear (muddy buddy, raincoat, boots, pants, etc.)
- POLICIES: To view our centre's policies, please visit <u>Policies at Parkland</u> <u>Players.</u>
- EMERGENCY COMFORT KITS: If you have not yet provided or updated your child's emergency comfort kit, please do so as soon as possible.
- Trip to Hawaii Theme Day: Children and educators will have a trip to Hawaii theme party! Please have Hawaii theme clothing/props for children!
- Remembrance Day: It is a stat holiday and centre will be closed! Don't forget to say thank you to the veterans, "Thank you for your service!"
- We have updated our <u>COVID-19</u> <u>Safety Policy</u> and <u>COVID-19 Plan</u>. Please click on the corresponding document to view.

## Activities for Home and at School



# Pedagogical Documentation in Out of School Care Setting

Pedagogical documentation invites children and the educator to go on a journey together not to find answers but to explore what they can find on their way.

Read More.



#### Fall Activity: Carrot Rip Art (IT)

This Fall Activity focuses on fine motor skills development in the early years. It sparks curiosity, which is essential for children staying motivated and excited to learn.

Watch the video.



Children in Out of School Care playing a Turkey Race Activity.



Children in OSC made a unique creation with colourful blocks.



Children in Out of School Care exploring science experiment.



Children in Out of School Care enjoying Origami.

#### FOR ANY ENQUIRIES, PLEASE DO NOT HESITATE TO REACH OUT BY EMAIL OR PHONE.

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