

# **APRIL 2020**

## Building the Foundation for Growth.



## Things to do with the children while self-isolating

We know that it is not an easy time, however, self-isolation and social distancing are important steps in combatting the COVID-19 outbreak. In order to make the best of the situation, here are some ideas for things to do with children from the comfort of your own home.

#### 1. Virtual Tours

If you are getting tired of watching television and movies, consider a virtual tour of a museum, theme park, and even natural and man-made wonders. <u>This list</u> has some great options.

#### 2. Simple family activities

Sometimes the simple activities can be the best ones, <u>this list</u> of things to do at home with the kids offers some great, easy ideas including:

- Treasure hunt in the house
- Making playdough
- Having a living room dance party
- Make a stop motion movie using legos or small toys
- Marshmallow toothpick engineering challenges
- And many more!

Check out <u>the list</u> to see what works for you and your family.

#### 3. Read online!

If you have an e-reader you may be able to borrow books from your local library on your e-reader for free. You can also often find videos of your favourite children's books on Youtube being read aloud...

Continue reading on our Blog.

## Reminders

- **Communication:** Continue to check our website and your email for updates on centre operations.
- Photo Orders: Currently orders are still being processed, however they may take longer than usual due to current conditions.
  For parents who want their orders sooner, they can pay a \$5 shipping charge either over the phone with a credit card at 604-477-7399 or they can send an e-transfer to accounting@photoexpressions.ca and an email with this emailing address the password.
- **Parent Meeting:** Thank you to those who attended our online parent meeting. If you were unable to attend, information from the meeting will be provided.

## Resources for COVID-19

Please continue to monitor the links below on regular basis:

- 1. BC Center for Disease Control.
- 2. Health link Web Site.
- 3. Health Canada Information.
- 4. <u>Ministry of Children and Family</u> Development Website.
- 5. Employment Insurance & Social Development Canada.
- 6. <u>Risk-informed decision-making</u> for mass gatherings during COVID-19 global outbreak.

## **Activities for Home**



#### Watermelon Volcano (IT)

This explosive science experiment is great fun for learning about the classic baking soda and vinegar reaction! Get the instructions and materials in the link below.

Watch the video.



### Butterfly Life Cycle Craft (IT)

This is a fun and educational craft for learning about the life cycle of many insects including butterflies. Get the instructions and materials in the link below.

Watch the video.



FOR ANY ENQUIRIES, PLEASE DO NOT HESITATE TO REACH OUT.

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